

October 17, 2014

## Heads Up from the Head of School--Three Basics Every Child Needs!

**Nurture** Children need enough nurture to make them feel they are part of something – family, school, and a wider community – but not so much that they are smothered or spoiled. They also need to feel confident that they are treasured for who they are, not what they are supposed to be becoming. **Structure** Children

need boundaries, a sense of what is and what isn't permitted, especially in regard to how to treat people. Where the boundaries lie is not as important as the fact that they exist and are non-negotiable. **Latitude** Children need freedom to learn from experience. Just as parents need to protect their children from danger, they also need the patience and confidence to let kids struggle at times. Source: Dr. Rob Evans, a clinical psychologist and independent school consultant in Wellesley, MA and author of *Family Matters: The Crisis in Childrearing and its Impact on Schools*



Thomas Emry enjoys a Columbus Day snack! What a creative concoction!



Middle Schoolers at Inward Bound embellished a personal silhouette with adjectives describing themselves, creating a graphic representation of their growing self-awareness!

### “Inward Bound,” the Advisory Program in Action!

Good character and strong communities are not accidental, and nowhere are they more essential than in school as students grow toward adulthood! The advisory program uses a sequenced, thoughtful and intentional curriculum to develop strong individuals in a constructive community. Its purpose is to:

- create opportunities for students to discover what is unique about themselves and about others so that they can better appreciate and respect people in the community and the world
- help students understand themselves as learners, coping with academic concerns and setting goals
- create meaningful opportunities for students to contribute to Chesapeake Academy and the community, celebrating those achievements
- promote responsible choices through discussion and activities
- develop effective communication skills
- create meaningful opportunities for students to engage in shared decision making in ways that build self-esteem, increase responsibility,



First graders are challenged to work as a team (communicate, collaborate, and create) to stack the 40 cups as high as possible and in a strong enough pattern to withstand the force of an adult blowing on them. Eventually the stack must withstand the blowing of a fan. Math and science are so much fun!



A multi-aged team of Lower Schoolers plan a design for their doll's ergonomically tailored chair in Structures in September

and cultivate personal integrity

- cultivate healthy, positive relationships through the use of group membership and dynamics.

“Inward Bound” is an overnight retreat experience for Middle School students and faculty members designed to focus on character development, building self-awareness and strengthening community and peer relationships.

“Responsibility!” is the theme for this school year. This event is a fundamental component in the Advisory Program for Middle School and an important tool for the school’s Social Ethical Curriculum. But don’t tell



Middle Schoolers enjoy the connection and camaraderie of Inward Bound!

the students! They just think it’s fun!

### **Grandparents Go High Tech!!**

Students from Pre-K 3&4 through eighth grade were excited to showcase their school’s program for grandparents and grandfriends in a Grandparents’ and Grandfriends’ Day program with a new twist! The program this year highlighted the arts, project-based learning, STEAM, and the dynamic integration of technology in learning. At the opening reception, eighth graders assisted guests using iPads to scan QR codes to view 20-30 second student-made video sneak peaks of facets of the Middle School program or components of the performance to come! Engaging classroom activities, loving grandparents and grandfriends, a wonderful performance: Best Grandparent’s Day ever! Many thanks to the Grandparents whose contributions help keep our technology cutting edge and effective. and whose love and support we enjoy!

### **Student Philanthropists Launch Socktober!**

Sixth graders Sadie Hassman and Jordan Abbott are leading the charge to support The Haven Following the example of the Youtube sensation, “Kid President,” the girls spearheaded “Soctober” to help families displaced by domestic violence who are supported by The Haven. The girls kicked off their sock collection (all sizes and styles of socks) on 10/15 in assembly, and they will deliver the socks at the end of the month. New socks are much appreciated. What a great example from these ladies!

### **Athletics are Hopping!**

**Soccer’s 4/5 play day** will be held Friday, October 24 from 2:00-4:30 p.m. Fourth and fifth grade students will be coached by eighth graders. This is a great time for our newest players to develop team skills. The snack shack will be open. The **ISAC soccer tournament** will be held at CA October 21 and 23. Games will start at 3:00 p.m. both days. Teams participating this year will include Chesapeake Academy, St. Clare Walker, Lancaster Middle School, and Ware. The **ISAC volleyball tournament** will be held October 28 and 30. Games on



Señor Guapo gets a mixed reaction from enthusiastic Pre-Kindergarteners at the Performing Arts and Lecture Series Program, “Reptiles Alive!”

October 28 will be held at Aylett, and games on the 30th will be at Christchurch School. Teams participating will be Chesapeake Academy, Aylett, Lancaster Middle School, and Ware.

**Amazon makes us Smile!** Chesapeake Academy is now eligible to receive a percentage of your shopping dollars on Amazon! Go to: [smile.amazon.com](https://smile.amazon.com) and type in your charity as Chesapeake Academy and make sure you see Irvington, Virginia when it comes up. Then 0.05% of your purchases will benefit Chesapeake Academy! It is that easy!!

**Attitude of Gratitude Oyster Roast volunteers** earn awards in the Chesapeake Academy Pantheon of Gratitude! There is still time to join the throng if you want to dive into the clean-up crew on Sunday morning! Many hands make light work! **Welford Bromley** is back at work and feeling good! **Grandparents** made our month, and many in the CA school community worked hard to make Grandparents' and Grandfriends' Day spectacular. We are excited to be starting the **outdoor classroom** thanks to generous donations from alumni parents **Marion and Leland James**, (parents of Leland, Class of 2006) and the Eugene Duffer Trust. Stay tuned for more information. **Advisors** put in many hours making Inward Bound Rock! Kindergartener, **Will Weddle**, donated 2 dollars to the Annual Fund! The size of the donation pales in comparison to the example of stewardship from this young benefactor! This community rocks!

### Important Dates

- 10/21 and 23 Soccer Tournament
- 10/22 Richmond Symphony Trip (4th through 8th)
- 10/23 Book Fair Ends
- 10/24 4/5 Play Day at 2:00 p.m.
- 10/27 - 10/31 Spirit Week (special dress each day)
- 10/28 and 10/30 Volleyball Tournament
- 10/29 Sixth grade to Lancaster Community Library, Tag Day
- 10/31 Final Friday, Box Top Collection, End of First MP
- 10/31 Halloween Party 7:30 to 9:30 p.m.
- 11/7 Report cards home
- 11/5 Athletic Awards Assembly
- 11/6 Urbanna Oyster Education Day



Kindergartener, William Weddle, budding philanthropist and enthusiastic learner!!